



BUDDHIST SUMMER SCHOOL 2006

MELBOURNE
JANUARY 7th-12th

University College
University of Melbourne
College Crescent, Parkville



Presented by
KAGYÜ E-VAM BUDDHIST INSTITUTE
www.evaminstitute.org.au

A rich tapestry of traditions and practices has been woven by various Asian cultures around the essence of the teachings of Shakyamuni Buddha, who lived 2,500 years ago. The enduring nature of Buddhism is symptomatic of its purity and integrity as a spiritual discipline and remains contemporary in its methods of self development. Over the past several decades, Westerners have begun to learn from, and participate in, this diversity and essence.

As part of its commitment to disseminate the Buddhist teachings, Kagyü E-Vam Buddhist Institute conducts the annual Buddhist Summer School as a vehicle of enquiry and learning. The popularity of the Buddhist Summer School is a mark of the developing range and depth of interest in Buddhism among Australians. This is reflected in enrolments of over 20,000 since the inception of the event in 1984. In acknowledgment of this, we continue to host distinguished Buddhist scholars and teachers from around Australia and overseas.

This twenty-third Buddhist Summer School offers a stimulating variety of courses in both theoretical and experiential Buddhism, as well as meditation instruction based on a number of traditions.

1 THE APPROACH OF MAHAYANA BUDDHISM

Venerable Traleg Kyabgon, Rinpoche

The themes of wisdom, compassion and emptiness constitute the essence of Mahayana Buddhism. This course will provide a comprehensive coverage of those key features whereby the aspects of practice and understanding merge.

Born in Eastern Tibet in 1955, the Venerable Traleg Kyabgon Rinpoche was recognised as the ninth incarnation of the Traleg lineage and enthroned as Abbot of Tra'gu Monastery. Rinpoche has undergone rigorous scholastic and meditative training under various Tibetan Kagyü and Nyingma masters in India and came to Australia in 1980 and established Kagyü E-Vam Institute in 1982. He regularly conducts courses and retreats and has travelled extensively in the U.S.A., S.E. Asia and Europe conducting lectures, courses and retreats. Rinpoche is the author of *The Essence of Buddhism*, and *Mind At Ease*, both published by Shambhala, *Luminous Bliss* published by Lothian Books, and *Benevolent Mind* published by Zhyisil Chokyi Ghatsal Publications.

3 Sessions: \$50

2 THE FOUR SEASONS IN PRACTICE

Ekai Korematsu Osho

Spring has a flower

A cuckoo bird (sings) in summer

In autumn, there is the moon

In winter, the snow glittering with refreshing coolness

This poem by Zen master Dogen has the title '*Honrai no menmoku*', which translates as 'the original face' – the expression of both enlightenment and the seamless nature of Zen practice. The cycle of the four seasons repeats each year without fail – in the same way that the practice of realisation of Buddhism or enlightenment takes place.

The classic theme of Buddhism is to overcome the fundamental problems of life, namely birth, old age, sickness, and death. This course discusses '*shusho ichinyo*', meaning the identity of practice and enlightenment, which is a key teaching of Dogen in response to this theme. Each session will have a short period of meditation at the beginning and then the class will explore the poem's essential truth – the obvious which is always present before our eyes.

Ekai Korematsu Osho is resident teacher of Jikishoan Zen Buddhist Community in Melbourne. He is a transmitted teacher in the lineage of the Soto Zen tradition in Japan and has practised and taught meditation in Japan, India, and USA for over thirty years. Since 1997 he has been a Faculty member of Antioch University, USA, for the Education Abroad Buddhist Studies Program. He teaches in India and Japan during September and October each year.

4 Sessions: \$50

3 ENLIGHTENMENT IN EVERY DAY LIFE: The Shambhala Teachings on Fearlessness and Intelligence

Acharya Samuel Bercholz

A basic truth of the Shambhala teachings is that we all want to lead sane, dignified lives, and that this is possible. If we look directly at our own experience, we can discover a continuity of wakeful dignity underlying all changing conditions. This is referred to in Shambhala Teachings as basic goodness.

The Shambhala Teachings are inspired by the ancient legend of the Kingdom of Shambhala which has been a guiding vision for many centuries in Asian culture and has parallels in Western traditions. Shambhala represents the ideal of secular enlightenment, a view that all aspects of civilization – family, commerce, education, science, the arts, and religion – can be permeated with a natural sense of sacredness.

This course will focus on the "four dignities of Shambhala – meek, perky, outrageous, inscrutable." "The four dignities" are

introduced as a path and a process, which describe a warrior's maturing and widening sphere of benevolent engagement in the world. The training in the dignities allows one to maintain awareness and delight at each stage.

Suggested reading: *Shambhala: the Sacred Path of the Warrior* and *The Great Eastern Sun* by Chogyam Trungpa.

4 Sessions: \$60

4 OVERCOMING DEPRESSION AND IGNORANCE: DEVELOPING SACRED OUTLOOK

Acharya Samuel Bercholz

This course is an introduction to the Buddhist teachings on developing the proper view that can rid one of the constant roller coaster-ride of elation and depression. Through the constant repetition of habitual patterns, we lose our intelligence and find ourselves dissatisfied. It is actually possible to counteract the beliefs and actions that cause us so much suffering.

Through understanding the profound view of the Buddhist teachings one can actually practice meditation and develop faith that leads to complete enlightenment. The various obstacles to understanding and to practicing properly will be discussed. In addition we will look at the antidotes that free one from these obstacles. There will also be meditation instruction and time for meditation practice.

Suggested reading: *Cutting Through Spiritual Materialism* by Chogyam Trungpa and *White Sail* by Thinley Norbu Rinpoche

Acharya Samuel Bercholz is a senior teacher in the Kagyü and Nyingma traditions of Tibetan Buddhism and the Shambhala teachings of Chogyam Trungpa Rinpoche. He has taught Buddhist meditation and Shambhala Training throughout North America, Europe and Australasia. He is the founder, Chairman and Editor-in-Chief of Shambhala Publications as well as co-editor of the book *The Buddha and His Teachings*.

4 Sessions: \$60

5A INTRODUCTION TO MEDITATION

& 5B Christine Biddle

"A meditative state is simply being present and aware. That is the simplest explanation. When we are not distracted, when our mind is focused, when we are present, then we are in meditation."

Ven Traleg Rinpoche

This course introduces some fundamental meditative techniques which help to cultivate and stabilise 'calm abiding' and contemplative meditation practice. Participants will have the opportunity to discuss how to establish practice in daily life. References for further study will be provided.

Christine Biddle has been a student of Buddhism for over twenty years, during which time she has studied and practised in Australia, India and Canada. She currently studies under the direction of the Venerable Traleg Kyabgon Rinpoche and has completed a traditional three year retreat under the late Kalu Rinpoche. Christine is a meditation instructor at Kagyu E-Vam Buddhist Institute.

Course 5A 3 Sessions: \$36

Course 5B 2 Sessions: \$24

6 UNTYING KNOTS AND UNTANGLING THREADS: Making Sense of the Suttas

Venerable Tedjadharmo Bhikku

The vast collection of material in what is known as the Buddhist Sutta Pitaka contains various forms and styles of literature aimed at a range of different audiences. We can encounter history, folk-tale, myth, religious and philosophical discourses among the many types of literature within the so-called canon of scriptures. These are commonly regarded as the earliest authentic teachings of the historical Buddha.

This short course will give an overview of the Sutta Pitaka and a close examination of some of its styles and types of literature by looking at specific examples in detail. Some suggested approaches to investigating and studying the essential body of literature will also be offered. The emphasis will be on the practical application of texts. No previous knowledge or experience of the suttas or meditation is required and all are welcome to attend.

Venerable Tedjadharmo Bhikku is a Buddhist monk who apart from the usual teachings and retreat activities, works with people who are seriously ill in various hospitals, hospices and their homes in and around Sydney. Bhante has studied and taught in Thai Universities and jails. He is resident teacher for the Association of Engaged Buddhists at Sangha Lodge in Sydney.

4 Sessions: \$50

7 THE BUDDHA AND HIS TEACHINGS

Venerable Vijitha

The teachings of Buddhism, which look directly at the human condition, are viewed as being relevant in their application to daily life. The teachings such as the Four Noble Truths, the characteristics of existence (impermanence, unsatisfactory nature of existence and the notion of non-self) and the dependent nature of existence with the law of karma are considered to be the heart of Buddhism.

The practical application of meditation techniques will form an integral part of the course with the lectures.

Venerable Vijitha is a Sri Lankan born monk who was

ordained in 1970 and arrived in Australia in 1994. He was educated in Sri Lanka graduating with a University degree and also obtained a degree in Oriental Studies at the Society of Oriental Studies in Colombo. Bhante was briefly based in Sweden by invitation from the Buddhist Association of Sweden. Venerable Vijitha is currently the Abbot of the Dhamma-sarana Temple in Keysborough, Victoria.

5 Sessions: \$60

8 NATURE OF MIND IN THE THREE YANAS

Garrie O'Toole

Tibetan Buddhist monks appear in television and print media advertisements selling everything from computers to travel packages. The smile of His Holiness the Dalai Lama is seen in newspaper articles and magazine exposés. But what precisely is this mysterious thing called Tibetan Buddhism? This course will provide an overview of some of the main teachings and practices associated with Tibetan Buddhism and is designed to give participants a map of the territory of this rich and diverse tradition of Buddhism.

The Buddhism of Tibet preserves and transmits a vast treasury of teachings and meditational practices of the Buddha, many of which are preserved only within this tradition. The teachings proclaim the fundamental teachings of the Buddha which are concerned with understanding the nature of the human condition, most particularly the universal experience of suffering, its causes and cessation. Also presented are the teachings that relate to the development of compassion and the practice of the bodhisattva, who takes the benefit of others as his or her spiritual path. Finally we will explore the esoteric teachings of Vajrayana Buddhism which are concerned with the discovery of our own innate wakefulness or sanity, sometimes referred to as Buddha Nature.

Garrie O'Toole has been involved in Buddhist practice and study since 1978. He has been a student of the Venerable Traleg Kyabgon Rinpoche for almost two decades and is a meditation instructor at Kagyu E-Vam Buddhist Institute. He has also completed a Master of Arts degree in Buddhist Studies.

4 Sessions: \$40

9 ANCIENT TRUTHS FOR MODERN MINDS: IS ENLIGHTENMENT POSSIBLE? Understanding the Path in Tibetan Buddhism

Venerable David Lungtok

Buddha taught the path to everlasting peace 2,500 years ago, but how relevant are those teachings to those of us living in the 21st Century? Is spiritual perfection a goal we can realistically pursue in this day and age?

The course will present a concise overview of the spiritual path as taught by Shakyamuni Buddha. By understanding the processes of training the mind in a systematic way, students can easily appreciate what Enlightenment is and how, even in this time of excessive materialism and worldwide confusion, it is still possible to attain it.

Using a short text composed by Lama Tsong Khapa, 14th century yogi, scholar and founder of the Gelugpa school of Tibetan Buddhism, we will explore the practices and mental attitudes that must be cultivated in order to achieve all encompassing awareness, wisdom and compassion. The course will also include meditation and discussions.

Venerable David Lungtok has been a monk for twenty-four years. He grew up in Melbourne and after graduating from Monash University Law School travelled extensively throughout Asia and India before meeting his spiritual masters in 1980. He has been teaching Buddhism to Westerners for many years and is currently Director of Thubten Shedrup Ling Monastery near Bendigo.

4 Sessions: \$40

10 ETHICS AND KNOWLEDGE

Dr. Peter Oldmeadow

Western interest in Buddhism has moved beyond a focus on meditation or mind training to embrace broader issues of how we should live in the world both as individuals and collectively. This course will provide an introduction to Buddhist ethics and locate them within the context of Buddhist understanding of our relationship with others and the natural world. Buddhist approaches will be compared with Western ones with which they now interact and the implications for issues such as human rights, euthanasia, environmentalism and non-violence explored.

Peter Oldmeadow has held a long interest in Buddhism which he has pursued both personally and within an academic framework. He is head of the Department of Indian Subcontinental Studies in the Faculty of Arts at the University of Sydney where he teaches Sanskrit language and Indian and Buddhist philosophy. He is particularly interested in comparative philosophy and religion and how different perspectives can be mutually informing.

4 Sessions: \$48

11 THE PATH OF AWAKENING

Deirdre Collings

The practice of mind training (*lojong*) is the innermost heart of the Mahayana teachings. Designed to be a sufficient and complete practice in itself, mind training is a simple but profound distillation of the Buddha's instructions that is

meant to be applied directly to everyday life. These teachings do not require a huge commitment or years of training and are guaranteed to bring relief from the vicissitudes of life by gradually transforming our attitudes to self and others. A popular practice within all four schools of Tibetan Buddhism, this overview of mind training is based on Traleg Rinpoche's commentary on the work of the great Kagyü master Jamgon Kongtrul Rinpoche.

Deirdre Collings began studying with Traleg Rinpoche in 1987. She completed a Masters degree on sudden and gradual enlightenment, gives meditation instruction at Kagyü E-Vam Institute and is the editor of Ordinary Mind magazine.

3 Sessions: \$30

SALE OF AUDIO TAPES

Most courses at Buddhist Summer School 2006, as at previous Summer Schools, are recorded and can be purchased at the event or at a later date from the Institute.

REGISTRATION

Each course has a corresponding number in the Course Timetable below. Use this timetable to organise your registration. Fill in the enrolment form and together with payment (read Payment Details first) send to:

BUDDHIST SUMMER SCHOOL MELBOURNE 2006

673 Lygon Street, Carlton North VIC 3054

Enquiries Ph: (03) 9387 0422 Fax: (03) 9380 8296

Email: e_vam@smartchat.net.au

The Buddhist Summer School is conducted at University College, Parkville, which is bordered by College Crescent, Cemetery Road West and Royal Parade.

Melways Reference: 2B C3

Tram No. 19, alight at corner of Royal Pde & College Cresc.

	SAT 7th	SUN 8th	MON 9th	TUES 10th	WED 11th	THURS 12th
9.00 AM TO 10.30 AM	FORUM	1 & 5A	6 & 9	6 & 9	4 & 10	4 & 10
11.00 AM TO 12.30 PM	1 & 5A	1 & 5A	6 & 9	6 & 9	4 & 10	4 & 10
2.00 PM TO 3.30 PM	2 & 3	2 & 3	5B & 8	7 & 8	7 & 11	7 & 11
4.00 PM TO 5.30PM	2 & 3	2 & 3	5B & 8	7 & 8	7 & 11	FORUM

PAYMENT DETAILS

- Credit card payments and enrolments can be made by phone on 03 9387 0422.
- Cheques and money orders should be made payable to **Kagyü E-Vam Buddhist Institute Inc.**
- All registrations will be confirmed by mail.
- Eftpos facilities are available at KEBI Office, 673 Lygon Street, Carlton North, 10am-5pm Monday to Friday.

DISCOUNTS

A 10% discount is available under the following conditions: Full and Associate Members of Kagyü E-Vam Buddhist Institute, pensioners, students or unemployed, upon production of appropriate proof.

REFUND POLICY

Course cancellations must be received in writing by Tuesday January 3, 2006. A \$10 Administration fee will be charged. Please note that refunds will take up to 21 days to be processed.

COURSE CAPACITY

Where the number of registrations for a course exceeds capacity, preference will be given to the earliest enrolments. Full course fees will be refunded in such cases.

***Individual sessions can be attended at a proportional cost of the course and can only be booked at the Summer School venue on the day of the respective session.**

OPENING AND CLOSING FORUMS

A forum, as a situation where a variety of views can be presented, offers a unique opportunity for participants to teach and to learn from each other. Teachers involved in the Summer School will take part in the discussions and will encourage audience participation.

These events are free of charge and are not restricted to those who have enrolled in the Summer School, but are open to all.



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**BUDDHIST SUMMER SCHOOL 2006
ENROLMENT FORM**

Please read the registration and enrolment instructions
before completing this enrolment form.

Name: _____

Address: _____

Postcode: _____

Contact Phone: _____ Date: _____

I will be attending:

Course 1 \$50 Course 2 \$50 Course 3 \$60

Course 4 \$60 Course 5A \$36 Course 5B \$24

Course 6 \$50 Course 7 \$60 Course 8 \$40

Course 9 \$40 Course 10 \$48 Course 11 \$30

Total \$ _____

OR I am applying for a 10% discount. My Discount Category is

_____ Total \$ _____

I enclose cheque/money payable to

Kagyū E-Vam Buddhist Institute Inc. for \$ _____

or please debit my credit card for \$ _____

Bankcard Mastercard Visa

Name of Cardholder _____

Card No

Expiry Date _____ Signature _____

OR For payment and enrolment by credit card by
phone call (03) 9387 0422

OR Mail application to

**BUDDHIST SUMMER SCHOOL MELBOURNE 2006
673 LYGON STREET, CARLTON NORTH,
VICTORIA 3054.**

For further information
Phone:(03) 9387 0422 or Fax (03) 9380 8296

Email: e_vam@smartchat.net.au