

A rich tapestry of traditions and practices has been woven by various Asian cultures around the essence of the teachings of Shakyamuni Buddha, who lived 2,500 years ago. The enduring nature of Buddhism is symptomatic of its purity and integrity as a spiritual discipline and remains contemporary in its methods of self development. Over the past several decades, Westerners have begun to learn from, and participate in, this diversity and essence.

As part of its commitment to disseminate the Buddhist teachings, Kagyü E-Vam Buddhist Institute conducts the annual Buddhist Summer School as a vehicle of enquiry and learning. The popularity of the Buddhist Summer School is a mark of the developing range and depth of interest in Buddhism among Australians. This is reflected in enrolments of over 20,000 since the inception of the event in 1984. In acknowledgment of this, we continue to host distinguished Buddhist scholars and teachers from around Australia and overseas.

This twenty-second Buddhist Summer School offers a stimulating variety of courses in both theoretical and experiential Buddhism, as well as meditation instruction based on a number of traditions.

1 LUMINOUS BLISS

Venerable Traleg Kyabgon, Rinpoche

Within Buddhism there are many approaches and techniques to meditation designed to develop understanding and to directly realise the nature of one's mind. One such meditation approach is that of Mahamudra, which is regarded as one of the highest teachings of Tibetan Buddhism.

This course will provide an overview of the approach of Mahamudra from the perspective of its philosophy and the meditation techniques it has on offer.

Born in Eastern Tibet in 1955, the Venerable Traleg Kyabgon. Rinpoche was recognised as the ninth incarnation of the Traleg lineage and enthroned as Abbot of Tra'gu Monastery. Rinpoche has undergone rigorous scholastic and meditative training under various Tibetan Kagyü and Nyingma masters in India and came to Australia in 1980 and established E-Vam Institute in 1982. He regularly conducts courses and retreats and has travelled extensively in the U.S.A., S.E. Asia and Europe conducting lectures, courses and retreats. Rinpoche is the author of *The Essence of Buddhism*, and *Mind At Ease*, both published by Shambhala, and *Luminous Bliss*, published by Lothian Books.

3 Sessions: \$48

2 THE NUMBERS IN ZEN BUDDHISM

Ekai Korematsu Osho

“What are words and phrases?” asked Zen Master Dogen. The tenzo said, “One, two, three, four, and five.” “What is wholeheartedly engaging the Way?” Dogen also asked. The tenzo said, “In the whole world it is never hidden.”

From Tenzo Kyokun, Instruction to the Cook by Dogen-zenji

As a young monk, Dogen well understood the importance of both study and practice on one level. However, he did not have a clue about the real significance of both until his encounter with the tenzo, the head cook, when he was deeply humbled. We often hear an expression such as “study and practice are like the two wings of a bird” – they are essential. What does Zen have to say about this?

We live in a digital world today. This course explores and discusses the meaning of key numbers that are basic to Buddhism and familiar to other spiritual and psychological systems. Zazen practice will also be included. Recommended readings: *Zen Mind, Beginner's Mind* by Shunry Suzuki and the *Pocket Enneagram* by Helen Parmer.

Ekai Korematsu Osho is Resident Teacher of Jikishoan Zen Buddhist Community in Melbourne. He has been practising and teaching Zen Buddhism for over thirty years. He received the dharma transmission from the late Ikko Narasaki Roshi, who was Vice-Abbot of Eiheiji, the Soto Head Monastery. He teaches annually in Japan and India for Antioch University's Buddhist Study Abroad Program.

4 Sessions: \$48

3 THE PRACTICE OF VIRTUE IN THE MAHAYANA

Dr. Robin Kornman

In the early 70s Chögyam Trungpa, Rinpoche gave a series of teachings on the Six Paramitas, the six perfections practised in the Mahayana. They were based on Chandrakirti's description of the Ten Bhumis and Ten Paramitas in the *Madhyamakavatara*, The *Introduction to the Middle Way*. The Kagyü lineage is especially invested with these teachings because our view is based on Karmapa Mikyö Dorje's immense commentary on the *Madhyamakavatara* and we have Karmapas, lifetime after lifetime, displaying in their action the subtle approach to karma, action in the world, and the six paramitas.

In this course Robin will present Chögyam Trungpa, Rinpoche's teachings on the practice of the Six Paramitas and will go through transcripts of his seminars on the Paramitas and the Ten Bhumis as well as selections from modern commentaries on Chandrakirti.

4 Sessions: \$60

4 GESAR OF LING AND THE IMPERIAL YANA

Dr. Robin Kornman

While ultimate simplicity is the heart and nature of Dzogchen, there are several styles in which it can be manifested in the lifestyle of a practitioner, from the simplicity of an ascetic monk, to the the dignity and splendour of a king.

This class will look at Chögyam Trungpa, Rinpoche's teachings on Gesar of Ling and read some sections of that epic. It will examine Gesar practices written by Mipham and aspects of the Kalachakra Tantra that were used by Trungpa Rinpoche in his teachings, and will examine the meditative foundations of his approach to manifesting Vajrayana (tantra) in the West.

Dr. Robin Kornman is a professor of comparative literature with a PhD from Princeton University, specialising in Asian literature, particularly the Chinese novel, and epics east and west. In 1970 he became a disciple of Chögyam Trungpa, Rinpoche and has also studied and practised under many Kagyü and Nyingma masters. He is a translator of Buddhist texts and a founding member of the Nalanda Translation Committee, which translates Tibetan scriptures and practice manuals.

5 Sessions: \$75

5 THE PERSISTENCE OF BUDDHISM

David Templeman

Buddhism is generally believed to have all but run its course in India by the mid 13th century. However a close reading of Tibetan biographical material shows that Indian masters were still coming into Tibet at least up to the mid 17th century. The course will explore where exactly in India Buddhism managed to survive, under whose patronage, in what forms and how it related to the prevailing religious traditions of the time. The course will also examine the manner in which Buddhism managed to adapt itself to allow this long term survival. The material will be drawn largely from the PhD thesis David is working on at present.

David Templeman is a well respected historian who has translated many spiritual biographies. He has presented papers at a number of international Tibetan Studies conferences and has published a number of works. He is at present undertaking his Doctoral degree at Monash Asia Institute.

4 Sessions: \$44

6 THE RELATIONSHIP BETWEEN BUDDHIST PHILOSOPHY AND MEDITATION

Dr. John Powers

It is commonly assumed by Western Buddhists that meditation is the cornerstone of Buddhist practice, and indeed the only way to attain awakening. But the Buddha is reported to have stated on several occasions that meditation is only one

of three possible routes to nirvana, the other two being study and faith. This talk will look at the role of meditation in Indian and Tibetan Buddhism and how it relates to Buddhist philosophy.

How are core doctrines reflected in meditation practices? To what extent does rational thought play a role in Buddhist meditation? If the goal of meditation is to attain a state of non-conceptual direct perception of reality, how does this connect with meditations that involve analysis and logical thought? Is the goal of awakening even coherent, or must Buddhists make a “leap of faith” in order to enter into meditative practice? These are some of the questions we will look at in this talk.

Dr. John Powers received his PhD in Tibetan Buddhism from University of Virginia, and is currently the Head of the Centre for Asian Societies and Histories in the Faculty of Asian Studies of the Australian National University. A specialist in Indian and Tibetan Buddhist history of ideas, he has published eleven books and over eighty articles. His books include the recently-released *History As Propaganda: Tibetan Exiles Versus the People's Republic of China* (New York: Oxford University Press, 2004), and *Introduction to Tibetan Buddhism* (Ithaca: Snow Lion, 1995).

4 Sessions: \$48

7 LIFE AND TEACHINGS OF GREAT MAHAMUDRA AND DZOGCHEN MASTERS

Acharya Samuel Bercholz

This course presents an overview of the teachings of the great Vajrayana Buddhist masters of India and Tibet and a look at their lives as exemplary examples of enlightened activity. Amongst the masters that will be explored are Padmasambhava, Yeshe Tsogyal, Vairocana, Longchenpa, and Mipham Rinpoche of the Nyingma School, and Tilopa, Naropa, Niguma, Marpa, Milarepa, and the Karmapas. Also to be discussed will be some of the modern masters that have had an impact on the West, including H.H. the Sixteenth Karmapa, H.H. Dudjom, Rinpoche, H.H. Dilgo Khyentse, Rinpoche, Chögyam Trungpa, Rinpoche and Traleg Kyabgon, Rinpoche.

2 Sessions: \$30

8 CREATING AN ENLIGHTENED SOCIETY: THE TEACHINGS OF SHAMBHALA

Acharya Samuel Bercholz

This path shows how to take the challenges of daily life in our modern society as opportunities for contemplative practice. It is inspired by the ancient legend of the Kingdom of Shambhala, an enlightened society based on gentle and fearless action.

If we look directly at our own experience, we can discover a continuity of wake-fullness underlying all changing conditions which enables us to experience our lives fully and directly. This is referred to as “basic goodness.”

The practice of mindfulness-awareness meditation enables us to look precisely at our state of mind without trying to alter it, cultivating openness toward ourselves and our environment. When we practise openness our lives can be a journey of wakeful and genuine existence.

This seminar will give an overview of the Shambhala teachings as taught and developed by Chögyam Trungpa Rinpoche. Suggested reading: *Shambhala the Sacred Path of the Warrior* by Chögyam Trungpa.

4 Sessions: \$60

Acharya Samuel Bercholz is a senior teacher in the Kagyü, Nyingma, and Shambhala lineages of Chögyam Trungpa Rinpoche. He has taught Buddhist meditation and philosophy courses and Shambhala Training courses throughout North America, Europe and Australasia since the early 1970s. He is the founder of Shambhala Publications, the leading publisher of Buddhist books in the English language, a founding trustee of The Naropa University in Boulder, Colorado, and co-editor of *The Buddha and His Teachings*. He has taught at the 2003 and 2004 Buddhist Summer Schools.

9A NATURE OF MIND IN THE THREE YANAS

Garrie O’Toole

“Correct view is in fact our spiritual vehicle, the transport we use to journey from the bondage of samsara to the liberation of nirvana.”

“Mind at Ease” – Traleg Rinpoche

The Tibetan Buddhist concept of view is not one of “view as dogma”. Rather, the view unfolds as the practitioner engages in a journey from bondage to liberation. The system of training known as the Three Yanas presents three different perspectives on the Buddhist teachings, which correspond to three different stages in one's own spiritual path.

This course introduces the Three Yana approach through an exploration of three views outlining the nature of the mind as understood in each of the yanas. Not-self (anatman), emptiness (shunyata) and luminosity (prabhasvara) are key concepts in the Buddhist path and are also probably the most often misunderstood of all Buddhist teachings.

Using traditional texts, participants will explore the different approaches found in the Three Yanas and also how view, meditation and action are interconnected in the spiritual path.

Garrie O’Toole has been involved in Buddhist practice and study since 1978. He has been a student of the Venerable Traleg Kyabgon Rinpoche for almost two decades and is a meditation instructor at Kagyu E-Vam Buddhist Institute. He has also completed a Master of Arts degree in Buddhist Studies.

Courses A & B are basically the same course conducted twice

Course 9A 3 Sessions: \$30 Course 9B 4 Sessions: \$40